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Dr. Arti Gupta received her medical education from the All India Institute of Medical Sciences in New Delhi, India. Finished her internship and residency at the Albert Einstein College of Medicine (Montefiore Medical Center), in Bronx, New York. Did her fellowship at the Cornell University, New York Hospital and UT Southwestern/ Parkland Hospital. From 2000- 2002 she was an Assistant Professor at UT Southwestern Medical Center.

She has received numerous awards throughout her career. In 1996, Dr. Gupta was awarded the Leo M. Davidoff Award from Albert Einstein College of Medicine. 1991, she received the New Zealand High Commissioner's Award as the Best Undergraduate Student. In medical school, residence, and fellowship ranked in the top 10%.

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