

DR. ROXANNE B. SUKOL
MEDICAL DIRECTOR, CLEVELAND CLINIC'S WELLNESS ENTERPRISE

Dr. Roxanne B. Sukol is Medical Director of the Cleveland Clinic's Wellness Enterprise. She sees patients in Executive Health and Preventive Medicine at the Wellness Institute. Described as a "wonderful speaker" and "excellent communicator," Dr. Sukol cares about what you eat! She has written and lectured extensively on the subject of diabetes and obesity prevention and is committed to teaching people how to tell the difference between real food and manufactured calories. Special interests in health literacy and nutrition give her a unique ability to make complex medical information easier for everyone to understand. She has been board certified in General Internal Medicine since 1998, and has devoted her career to preventive medical care. Dr. Sukol practices what she preaches: the homemade coop in her backyard houses eight lovely hens, and her family enjoys collecting their eggs each afternoon.

Dr. Sukol is a 1995 graduate of Case Western Reserve University School of Medicine in Cleveland, Ohio, with distinction in Biomedical Ethics, and is a member of Alpha Omega Alpha, the Honor Medical Society. She is a winner of the John Conley Foundation Essay Competition for Ethics and Philosophy in Medicine. Prior to attending medical school, Dr. Sukol earned a Master's degree in Environmental Science at the University of Cincinnati, and spent seven years consulting for the U.S. Environmental Protection Agency (EPA), Occupational Safety and Health Administration (OSHA), and private industry. She earned a B.A. in Biological Sciences from Rutgers University.